This badge certifies that the bearer has accomplished the following:

- 1. Improved knowledge on the place of reflection within education.
- 2. Evaluated and reflected on the implications of the transition to fully online teaching on both a professional and personal basis.
- 3. Reflected on the importance of continual personal professional development and evaluated methods to pursue such development.
- 4. Used reflection to evaluate how to improve overall performance in the classroom both for the teacher and for the students.
- 5. Presented the methods and outcomes of the reflective activities as part of an online workshop series.