

This badge confirms that the recipient has successfully completed the following:

1. Engage in PhD research to assess the influence of character strengths on her well-being as an educator.
2. Delve into how her character strengths inform her teaching practice, fostering greater self-awareness and enhanced well-being (through participation in three interviews, two surveys, and reflection on four lessons).
3. Deepen her knowledge of the relationship between personal strengths and effective teaching methods.
4. Contribute her insights and experiences to the wider educational community by consenting to the presentation of her research data at the international IATEFL conference.