



İZMİR UNIVERSITY OF ECONOMICS  
"Comprehend with science, manage with knowledge"

# ERASMUS INTERNATIONAL STAFF TRAINING WEEK

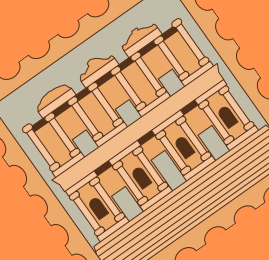
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**WELCOME**  
**June 18,  
Tuesday**

10.00-10.30 WELCOME  
10.30-11.30 PRESENTATION  
ABOUT IUE AND İZMİR  
11.30-12.00 CAMPUS TOUR  
12.00-13.30 LUNCH  
13.30-15.00 CLIMBING TO  
BALÇOVA HILL WITH  
CABLE CAR  
15.00-18.00 İZMİR CITY  
TOUR

  
**June 19,  
Wednesday**

10.00-10.50 YOGA  
SESSION  
11.00-12.00 WORKSHOP:  
PERCEPTION OF HEALTHY  
CAMPUS STRUCTURE  
12.00-13.00 LUNCH  
13.00-14.00 TEAMWORK  
GAMES  
14.00-15.00 SESSION:  
SUSTAINABILITY OF  
HEALTHY CAMPUS- IUE  
GÜZELBAHÇE CAMPUS  
MODEL  
19:00 BEACH VOLLEY

  
**June 20,  
Thursday**

10:00-17.00 EXCURSION:  
EPHESUS-HOUSE OF  
VIRGIN MARY- ŞIRINCE  
VILLAGE

  
**June 21,  
Friday**

10.00-11.00 PILATES  
SESSION  
11.00-12.00 FAST AND  
HEALTHY SNACK  
PREPARATION  
12:00 LUNCH: FAST AND  
HEALTHY SNACKS  
PREPARED BY THE  
PARTICIPANTS  
13:00-14.00 MINDFULNESS  
15:00 GROUP  
PRESENTATIONS OF THE  
WORKSHOP  
19:00 GALA DINNER

#CampUsIzMiR